

DISCOVER & RECOVER SPRING FUNDRAISER

KIRTAN WITH WYNNE PARIS

Mantras For Tumultuous Times



Wynne Paris, master musician, who will be on tour in New York, will lead the practice of kirtan and provide insight into the deeper meaning of the benefits of this practice. Learn to chant and discover how these meaningful mantras can assist us in finding peace within the midst of any obstacles or turmoil.

During these uncertain times, find the ability to Discover & Recover from the collateral damage imposed by others. Embrace this practice to find your inner strength, maintain your center and remain calm and peaceful under all circumstances.

SATURDAY, MAY 21, 2011
7:00 pm

THE HOWLIN OWL YOGA STUDIO
RESIDENT STUDIO OF PAUL BIKOFF
#14 BARTLETT PLACE
HUNTINGTON, NY
CROSS STREET: PARK AVENUE

"Parking Instructions: Please park on Bartlett Place and Sunset Drive - One Side only. Thank you!"

Suggested Donation: \$15
(Cash or check only at the door)

RSVP : Tamara Page
discover.recover@gmail.com *

QUESTIONS: 631-367-3318 *

* Please note new email address and phone# for Discover & Recover



Discover & Recover is a
501(c)(3) nonprofit organization